

### **OHP procedures for referral to CDRC**

In Oregon Health Plan, diagnoses and some treatment coverage, are determined by the Health Services Commission. LaneCare and Lipa follow the rules to determine the list of covered services and the treatment services that are paired with each diagnosis.

For developmental delays and autism spectrum diagnoses, some clinical services are with the physical health plan, Lipa, some are with the mental health organization, LaneCare, and some are not covered by OHP.

### **Criteria for Referral of Lipa members to CDRC:**

- Assessment referral may be made to CDRC for developmental delay and for behaviors like ADHD or autism spectrum disorders where there is a diagnostic question about the existence of a medically treatable developmental delay as a component of the member's clinical presentation. The clinical notes submitted to Lipa with the request for referral must clearly establish concern for the possible presence of developmental disability.
- Service authorization will be for two CDRC visits, an initial assessment and a follow-up visit, and is not meant to include the comprehensive multi-discipline evaluation that is often part of a CDRC work-up. The intent of the initial evaluation should be to determine the presence or absence of medically treatable developmental delay or other covered service..
- Additional authorizations from Lipa will be dependent on the results of those two visits.
  - A request for additional authorizations will need to include both documentation of a covered medical condition and a treatment plan with services covered by the OHP physical health plans..
- If the CDRC assessment indicates a behavioral or mental health condition (autism, ASD and ADD), referral for any additional CDRC services should be made to LaneCare. LaneCare will determine whether the request for authorization is appropriate and meets criteria.
- Requests for medically appropriate PT/OT services for these conditions should be sent to Lipa as these types of service are not funded as mental health care.

### **Criteria for Referral of LaneCare members to CDRC:**

- Children with a possible covered service, including an autism spectrum disorder should be referred for a mental health assessment at a contracted provider. They will complete a mental health assessment.
- If the diagnostic assessment is complicated or the client should be considered for psychiatric medications, a referral can be made for a diagnostic evaluation with a psychiatrist on the LaneCare panel.

- If there are diagnostic questions identified by the psychiatrist, they can make a referral to the CDRC identifying the specific questions. LaneCare will review this authorization request and if appropriate will approve.
- Ongoing covered mental health services for a PDD or autism spectrum disorder are limited to psychiatric services, case management, and limited behavioral support services.

**Diagnostic and treatment services not covered by OHP**

- IQ tests
- Testing for learning disabilities
- Psychological testing without prior authorization
- Mental health treatment without a co-occurring mental health condition
- Functional behavioral analysis